

# Horsing Around



SPENDING time with horses is a true privilege.

Not only can they help to teach equine management, but also important life skills such as respect, calmness of mind, confidence, commitment, team work and overcoming fear or obstacles, to name just a few.

They can bring feelings of joy, happiness, peace and excitement amongst many others.

Having our beautiful horses at Many Tears is the perfect opportunity to allow others to enjoy what they can offer. With that in mind I've set up a Saturday club!

The Saturday club is held regularly through the month, on Saturday mornings, from 10 until 12.

The club is aimed at young people who would like to learn more about horses and who would enjoy spending time with them.

The first Saturday club meeting was a fabulous success and the children who attended were a delight.

We spent time together grooming Quarrel, learning about different brushes and what they are used for and also learning about body language, tone of voice and the basics of horse behaviour.

The children worked together making the horse's feeds and filling hay nets,

## Many Tears animal rescue co-worker **KATY KEAR** shares the latest news from the centre.



learning about feed types and supplements. I was thrilled at their enthusiasm.

Half way through the session it was time for a break, so we stopped for hot chocolate and delicious home made brownies baked and donated by Gem of Mrs Cupcake especially for the event.

The highlight of the morning came after we had warmed up and happily devoured the brownies. Next stop the foals. My smiley-faced little gang and I had a to visit our new foals!

The girls were wonderful and crept into the stable beside me, putting into practice what they'd learned about horse behaviour earlier with Quarrel.

After a short time we took the foals to the round pen and played together. The looks on the faces of these young people was wonderful. They seemed to fully understand that

being the first little people that the foals had ever met was a bit of an honour and with that the children showed absolute respect.

If anyone is interested in finding out more about the Saturday club and the dates it is being held, please get in touch.

There is no long term commitment required, simply book your child to join the sessions when it suits you. The session is costs £5 per child. Every penny raised from the club goes straight into the rescue, enabling events such as these to continue.

However if anyone is unable to contribute the £5, please do not be put off, get in touch anyone and we'll still book your child in.

For more information, call 01269 843084, email [canvasbags@hotmail.co.uk](mailto:canvasbags@hotmail.co.uk), call 01269 843084 or visit the Facebook page Many Tear Animal Rescue Equestrian Centre.